



The Seven Magical Attributes That Magnetize People to You!

By Adrian D. Fenderson, DDS

1. Personal warmth.

Love other people and be sincerely interested in them. I often tell my team be interested not interesting.

2. Appreciate and accept the differences in people.

Of course people can be different in their backgrounds, experiences where they also have different strengths and weaknesses. By appreciating and accepting the differences in others, life flows. It's like making an agreeing to life. I was proud of my daughter when I saw she had a sign on her door in her college dorm room that read "Diversify spoken here."

3. Be consistently in a good mood.

How often do you allow the worry of someone else's mood determine your approach? Be that which you seek. By being consistently agreeable you offer others a trust that says meeting you will always be predictably pleasant. My daily affirmations are essential in maintaining this no state of mind no matter the circumstance.

4. Be sensitive toward other people's feelings.

You never know what someone has just experienced when you arrive in their space. They may be rebounding from a challenging situation when you meet. Being sensitive and conscious to this reality is a basic skill and need. One of our office core values which we governs our actions states "We are sensitive to our patients needs and feelings."

5. Understand your own personal weaknesses.

Magnetic people are vulnerable and authentic about their strengths and weaknesses. They are humble enough to admit their faults and don't have a problem allowing other people to have their own. Simply put: find and fix faults in yourself not others.

6. Forgive easily and quickly

Being unforgiving or carrying a grudge is truly more harmful to the unforgiving than to the recipient. Being forgiving also suggests a high degree of humility. A very good friend of mine says, "Not forgiving someone is like taking poison and expecting the other person to hurt."

7. Be who they are.

Don't attempt to be something or someone that you are not. Say what you think and don't attempt to hide it. Magnetic people are at ease with themselves and this puts others at ease with them. Being magnetic is richly rewarding because it enables you to enjoy the friendliness of people and develop many rewarding relationships. Just be at ease with yourself. Should you visit my office you will see all these attributes in my magnetic team who shine in friendliness and warmth.

WANT TO USE THIS ARTICLE IN YOUR E-ZINE OR WEB SITE? Please be my guest as long as you include this complete blurb: **Adrian D. Fenderson**, Napa Valley's leading high tech with soft touch family & cosmetic dentist, has served Northern California's wine region for over thirty years. He publishes **ALL ABOUT SMILES** monthly online newsletter for the positive minded, progressive individual. To join Dr. Fenderson's exclusive online community, please go to www.napadentist.com and www.facebook.com/napadentist.

